

Adult Soccer Clinics

Start Date:
April 7th

End Date:
May 26th
(8 Classes)

**Open
Enrollment
Join Anytime!**

Women's Soccer Clinic

Wednesday 9:30am – 11:00am

Totally Fun Co-ed Soccer Clinic

Wednesday 6:30pm-8:00pm

Clinics are held on the Baseball Field.

\$10 per class (current Zone Membership required)

All classes will be 45 minutes of instruction and 45 minutes of scrimmaging.

Free trial class!

Curriculum will include:

- Dribbling
- Passing
- Shooting
- Trapping
- Positioning
- Verbal communication
- Distribution
- Finishing
- Movement
- Movement off the ball
- Game awareness
- Conditioning



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